

Mental Health Service

Providers Across Adelaide:



For immediate and 24/7 support, call lifeline on 13 11 14.
In a crisis, call 000.

Organisation	Information on services.	Contact and Location Details
Can: Do 4 Kids	<p>-Social Work You may be referred to them by a General Practitioner or other health professionals. You can also contact them directly through phone or visit their website at the URL below to make an enquiry through an application form, for a waitlist. https://www.cando4kids.com.au/</p> <p>NDIS Friendly.</p>	<p>P-08 8100 8200 193-195 Port Road, Hindmarsh SA 5007</p> <p>P-08 8267 9299 Colonnades Shopping Centre Coles Entrance Off Burgess Drive Noarlunga Centre SA 5168</p>
HenderCare	<p>Children Specific Therapies. -Psychology -Social Work Contact the HenderCare team by filling in an enquiry form, to discuss appropriate care. https://www.hendercare.com.au/contact/ Consultation Costs: \$291.00</p> <p>NDIS Friendly.</p>	<p>P- 1300 970 855. level 3/81 Flinders St, Adelaide SA 5000</p>
Hessel Group	<p>-Psychology 1hr session for all ages. Option of having the session at a centre or in your own home (option for all services). Costs: \$234.85 -Social Work. Costs: \$193.99 -Early intervention Behavioural Support. Costs: \$86.79-\$193.99. -Counselling. Costs: \$156.16.</p> <p>NDIS Friendly.</p> <p>Referral Form on website. A helpful and quick responsive chat line also on the website. https://pages.hesselgroup.com.au/allied-health-referral</p>	<p>P- (08) 8462 0222 4/224 Glen Osmond Rd, Fullarton SA 5063</p>
Enhanced Lifestyles	<p>-Psychosocial Recovery Coaching</p> <p>Cost- \$93.34 NDIS Friendly</p> <p>https://enhancedlifestyles.com.au/psychosocial-recovery-coaching/</p>	<p>P- 08 8340 2000 215 Port Rd, Hindmarsh SA 5007</p> <p>Email- hello@el.org.au</p>

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<p>Novita</p>	<p>-Psychology – Cost- \$234.83 -Social work/ Family Support – Cost- \$193.99 Anyone can use Novita’s services and you don’t need a referral. NDIS Friendly.</p> <p>Fill in a registration form at the link below and they will contact you to discuss the services you would like to access. https://www.novita.org.au/registration-form/</p>	<p>P- 1300 668 482 -341 Port Road, Hindmarsh SA 5007, -422 Salisbury Highway, Parafield Gardens Sa 5107 -15-31 Ayliffes Road, St Marys SA 5042 -28 Philip Highway, Elizabeth SA 5112 -177 Beach Road, Christie Downs SA 5164 -430 Montague Road, Modbury North SA 5092 -156 Sturt Road, Warradale SA 5046.</p>
<p>Fleurieu Psychology Services</p>	<p>-Psychology counselling Referral by a GP on a mental health plan, you are entitled to 6 session per referral, 10 max per year. Services provided are covered by Medicare, meaning you will receive a rebate after you make the full payment up front. Costs: Clinical Psychologists- \$200, \$136.35 rebate. Concession Fee- \$160, rebate \$136.35 rebate. Registered Psychologists- \$160, \$92.90 rebate. Concession Fee- \$115, \$92.90 rebate.</p> <p>https://www.fleurpsych.com.au/</p>	<p>P- 08 7228 5426 Tenancy 1, Unit 8/1 Zwerner Drive, Hallet cove.</p> <p>P- 08 83264359 Tavwick House Unit 1, 116-118, Christies Beach.</p>
<p>Kudos Services</p>	<p>-Social Work- Capacity Building -Psychology- NDIS plan includes psychology.</p> <p>NDIS Friendly. Contact page to access services: https://kudoservices.com.au/contact/ View availabilities at the below link. <i>*No availabilities for the mentioned services, but there is a contact list you can join on the same page- 18/10/2023</i> https://kudoservices.com.au/availability-dashboard/</p>	<p>Therapy Services (9+yrs) P- 08 8348 6500 NDIS Early childhood partner (0-8yrs) P- 1800 931 190 Level 1, 123 Greenhill Road, Unley SA, Australia 5061 (Enter off Palmerston Road) 24 Gillingham Rd, Elizabeth SA, Australia, 5112</p>
<p>Resilient Kicks</p>	<p>-Childrens psychology and mental health services. Accessed through Medicare, Mental Health Care Plans (GP), NDIS Funding, Private health Funds.</p> <p>Contact to access services: https://www.resilientkicks.com.au/contact</p>	<p>Email: info@resilientkicks.com.au P: 08 8123 8666</p> <p>226 Magill Rd, Beulah Park SA 5067</p>